



# MARLBOROUGH SUMMER RUNNERS PROGRAMME 2015/2016



**RUNNERS AND WALKERS OF ALL ABILITIES  
MOST WELCOME**

**THURSDAY EVENINGS – 6pm START**  
Venues: See inside



Website: [www.harriers.net.nz](http://www.harriers.net.nz)  
Facebook: Marlborough Harrier Club

## POINTS SYSTEM

Points are awarded for each night, including pack runs/walks, on the basis of:

- \* 5 points awarded to each person for turning up and participating in all relays and pack runs/walks.
- \* Plus, 10 points are awarded to team members in relays or individuals for first place, 9 points for second place, 8 points for third and so on down to 1 point for tenth place.
- \* Relay teams are selected as evenly as possible.
- \* At the end of the Summer Season, prizes will be awarded to the top point scorers.

PACK RUNS/WALKS will be non-competitive, made as enjoyable as possible. Join in and run/walk all events or just the ones you want to.

## MORE FM 5KM-TIME TRIAL SERIES

- \* Run/walk over four races.
- \* Minimum three 5k time trials to count towards series, including Handicap Race.
- \* Prizes awarded for winning male and female.

## OCTOBER

- 15 **Opening Night** – Club Rooms, Oliver Park
- 17 *Trailways Dun Run – Nelson*
- 22 **James & Robyn's Run** – meet opposite Nikau Drive, Redwood Street
- 29 **5 km Time Trial** – Start Taylor River/Alfred Street Bridge

## NOVEMBER

- 05 **Pack Run** – Rata Park, corner of Wither Road/Taylor Pass Road
- 12 **Steeplechase Relay** – Redwood Street carpark top end of Redwood Street
- 19 **Renwick** – Giesen Sports & Events Centre, Uxbridge Street (to Rapaura Road and return)
- 21 *Molesworth Run – 84km individual or teams event*
- 26 **5 km Time Trial** – Start Taylor River/Alfred Street Bridge
- 29 *Run Mahana – ½ Marathon, 10km, 5km*

## DECEMBER

- 03 **Relay** – Quail Stream carpark, Forest Park Drive
- 10 **Pack Run** – Taylor Dam, Taylor Pass Road
- 17 **Pack Run** – Pollard Park, Parker Street

## JANUARY

- 07 **Pack Run** - Horton Park, Stephenson Street
- 09 **"King and Queen of the Withers" (Saturday)**  
Walkers start 7.45am, Hybrids start 8.00am, Runners start 8.30am
- 14 **Riverbank Run** – Burleigh Park, New Renwick Road
- 21 **Relay** – 2 Person Turnaround, Civil Defence Headquarters, Wither Road extension
- 28 **Wither Hills Run** – Rifle Range Place carpark, Forest Park Drive

## FEBRUARY

- 04 **Pack Run** – Whitehead Park, Brooklyn Drive
- 11 **5 km Time Trial** – Start on riverbank behind Athletic Park
- 13 *Buller Marathon, ½ Marathon, Relay*
- 18 **"Allister's Relay"** – Harling Park, top end of Howick Road
- 25 **Pack Run** – A&P Park, Alabama Road entrance

## MARCH

- 03 **5 km Time Trial – Handicapped.** Start Taylor River/Alfred Street Bridge
- 10 **Closing Night** – from Club Garage, Churchward Park, Taylor Pass Road – followed by: **Prize giving and BBQ**

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**Cost:**  
**\$2 per week or \$20 for season.**  
**(Families - \$25 for the season)**

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For any further information contact;  
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